#### STATE OF MICHIGAN

# **DEPARTMENT OF LABOR & ECONOMIC GROWTH** OFFICE OF FINANCIAL AND INSURANCE REGULATION

# Before the Commissioner of Financial and Insurance Regulation

In the matter of

XXXXX

**Petitioner** 

File No. 89673-001

**Liberty Union Life Assurance Company** Respondent

Issued and entered this \_24<sup>th</sup> day of July 2008 by Ken Ross Commissioner

#### ORDER

# PROCEDURAL BACKGROUND

On May 7, 2008, XXXXX, authorized representative of XXXXX (Petitioner), filed a request for external review with the Commissioner of Financial and Insurance Regulation under the Patient's Right to Independent Review Act MCL 550.1901 et seq. XXXXX is an employee of the insurance agency administering Petitioner's health insurance. XXXXX is a minor child. XXXXX's representation was authorized by XXXXX's father who is the primary insured individual under the family's Michigan Medchoices certificate of group coverage issued by Respondent.

The Commissioner accepted the request on May 14, 2008. The Commissioner notified Liberty Union Life Assurance Company of the external review and requested the information used in making its adverse determination. Because this case involves medical issues, the Commissioner assigned it to an independent review organization (IRO) which provided its recommendation to the Commissioner on May 28, 2008.

#### II FACTUAL BACKGROUND

The Petitioner received chiropractic treatment from XXXXX from December 7, 2007 until February 29, 2008. Liberty Union denied coverage for this care indicating it was not medically necessary.

The Petitioner appealed the denial through Liberty Union's internal grievance process. Liberty Union maintained its denial and issued a final adverse determination dated April 3, 2008.

#### III ISSUE

Is Liberty Union correct in denying coverage for the Petitioner's chiropractic care?

## IV ANALYSIS

#### Petitioner's Argument

The Petitioner is a nine year old girl who received chiropractic care from XXXXX. The Petitioner's parents believe that her care was medically necessary and should be covered under the certificate.

The Petitioner's appeal states that Liberty Union's definition of medical necessity is overly broad in scope, lacking objective criteria applicable to this particular situation. Also its definition does not adequately address the benefit factors involved in the Petitioner's course of chiropractic treatment.

The Petitioner indicated that chiropractic services including spinal manipulations are a covered benefit under the certificate. The Petitioner's doctor's diagnosis indicated that the Petitioner had an elevated left shoulder and an elevated iliac crest on the left, combined with swelling, joint function abnormality, and spinal tenderness. In short, the symptoms listed here would seem to fall directly under the definition found on page 35 of the certificate #18:

spinal manipulative therapy rendered by a physician for the detection and correction by manual and/or mechanical means of structural imbalance, distortion or subluxation of or in the vertebral column. . . .

## Respondent's Argument

In its final adverse determination, Liberty Union indicated the Petitioner's claims were denied because her treatment was not medically necessary according to the certificate's definition of "medically necessary":

Services and supplies which are determined by the Insurer, or its Authorized Agent to be:

- 1. appropriate and necessary for the symptoms, diagnosis or treatment of a medical condition;
- 2. provided for diagnosis or direct care and treatment of a medical condition;
- 3. within the standards of good medical practice with the organized medical community;
- 4. not primarily for the convenience of the Insured, the Insured's physician or any other health care provider; and
- 5. is the most appropriate supply or level of service which can be safely provided.

The claims also did not meet the spinal manipulation therapy guideline in the certificate.

Liberty Union also indicated that current scientifically based peer reviewed literature and evidence based guidelines do not support chiropractic care for infants and children as medically necessary. Based on this information, Liberty Union concluded that the Petitioner's chiropractic claims are not a covered benefit.

#### Commissioner's Analysis

To resolve the question of medical necessity, the Commissioner had the case file reviewed by an IRO. The IRO physician reviewer is a licensed chiropractor board certified in chiropractic orthopedics and has been in active practice for more than ten years. The IRO reviewer indicated that the Petitioner has a history of multiple neuromusculoskeletal conditions as well as headache, ear infections, cough and bladder infections. The examination of the Petitioner revealed cervical, thoracic and lumbosacral subluxations. Correcting spinal subluxations may change the symptoms related to the organs or tissues affected by the involved spinal levels.

The IRO reviewer indicated the Petitioner was treated five times for her subluxations with marked improvements in her symptoms as well as physical appearance. The correlation between structural misalignment and nerve interference is well documented. Changing the relationship of a misaligned structure can result in a multitude of responses, most of which are positive. The Petitioner responded to chiropractic care with improvement in her structural and non-structural symptoms. The IRO reviewer concluded that the Petitioner was treated within medically accepted guidelines. The reviewer also determined that the chiropractic services that the Petitioner received from December 7, 2007 until February 29, 2008 were medically necessary for treatment of her condition.

The Commissioner is not required in all instances to accept the IRO's recommendation. However, the IRO recommendation is afforded deference by the Commissioner; in a decision to uphold or reverse an adverse determination the Commissioner must cite "the principal reason or reasons why the Commissioner did not follow the assigned independent review organization's recommendation." The IRO's analysis is based on extensive experience, expertise, and professional judgment. The Commissioner can discern no reason why that judgment should be rejected in the present case. Therefore, the Commissioner accepts the findings of the IRO that the Petitioner's chiropractic care was medically necessary from December 7, 2007 until February 29, 2008.

#### V ORDER

Liberty Union's April 3, 2008, final adverse determination is reversed. Liberty Union is required to cover the Petitioner's chiropractic care from December 7, 2007 until February 29, 2008, within 60 days and provide the Commissioner proof of coverage within seven days after coverage is made.

This is a final decision of an administrative agency. Under MCL 550.1915, any person aggrieved by this Order may seek judicial review no later than sixty days from the date of this

File No. 89673-001

Page 5

Order in the circuit court for the county where the covered person resides or in the circuit court of Ingham County. A copy of the petition for judicial review should be sent to the Commissioner of the Office of Financial and Insurance Regulation, Health Plans Division, Post Office Box 30220, Lansing, MI 48909-7720.